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Sustain & Enable are impartial experts in designing and building healthy, efficient, accessible, low-waste, sustainable homes and helping people learn how to keep their homes and people they care about healthy.

Contact us today to find out how we can help you with your project.

## When to contact us

The best times to contract Sustain & Enable to assess your building project are:

- The start of your project; before drawing plans and submitting a Resource/ Building Consent application for a new build or renovation.
- The earlier we get involved in your project, the better the outcomes possible, and fewer changes needed, saving you money and time.
- However, we are happy to work with you and other stakeholders at any stage of a project to help you achieve your sustainability, resilience and rating goals.
- Prior to selling or renting a house to allow you to market the property for a premium rate.

A multi-disciplinary team delivering professional and sustainability consulting services to households, businesses, schools, real estate agents, investors, property managers, builders and developers since 2008.

*Our vision is to help 2000 people live in healthier homes or reduce their waste to landfill this year.*

## Building or Developing?



**sustainandenable**  
consulting services  
Healthier Homes, Zero Waste





## Our Toolkit

**HomeFit** – to verify the health of existing homes.

**Targeted consultation** – to solve specific issues.

**Smart, Sustainable Development** - there is a better way to develop and build!

**Plan review** – get the basic sustainability principles right. Most new builds don't!

**Lifemark** – Age in place and include everyone. Build smart for potential disabilities or life changes.

**Homestar** – NZ's single rating tool used to independently verify the health and safety, sustainability and performance of new build homes.

**Green Star** - internationally-recognised rating system for the design, construction and operation of buildings, fit-out and communities.

**NabersNZ** and **Greenstar Performance** help you benchmark and improve the performance and efficiency of existing buildings.

Sustain & Enable uses impartial expert advisors to give clients peace of mind that they are building to the right level of sustainability for their needs.

Sustain & Enable works with builders, architects and other professionals to design and build sustainable buildings that achieve a minimum rating to a client's requirements. We aim to make the process simple and easy.

Certification provide occupants with independent verification of the building quality. This supports decision-making and gives peace of mind.

## How much could I save?

- Save money on waste and development costs.
- Save money on ongoing energy and water bills. For example: in Auckland, a minimum rated 6 Homestar home will likely be 38% more energy efficient than a home built to building code.

## Benefits

- Marketability: a warm, dry, healthy, efficient, high performing home is more attractive to rent or buy.
- Cost-effective way to lock in value throughout the building chain. Early engagement means it is easier to include smart design and sustainability principles.
- Increased consumer demand for healthier homes with lower running costs means more work for tradespeople capable of delivering these homes
- New Health and Safety legislation means liability for unhealthy, unsafe or insecure homes. We help you to avoid damp, mould, and air quality problems; good design reduces safety and security concerns.



## Homeowners like Sustainable Homes

High standards for insulation, ventilation, heating, and moisture control create a home that's healthier to live in and cheaper to run. A healthier home means fewer days off work sick which is good for homeowners and tenants alike.

An independent rating provides peace of mind and assurance to purchasers and tenants about the property's warmth, efficiency and sustainability.

**Did you know?** Most NZ homes are under-heated by international standards, falling at least 2 degrees Celsius short of the World Health Organisation's minimum - 18 degrees Celsius. Clients are noticing!

## Costs

Sustainable buildings are definitely much cheaper to operate, but at Sustain & Enable we believe that sustainable homes should also be affordable.

Sustain & Enable will help you make smart, sustainable choices to make each project affordable—ideally inside your existing project budget.

