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Everyone deserves to be safe and warm in an affordable healthy home!

Sustain & Enable are impartial experts in designing and building healthy, efficient, accessible, low-waste, sustainable homes and helping people learn how to keep their homes and people they care about healthy.

Contact us today to find out how we can help you improve your home.

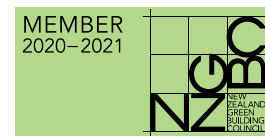
When to contact us

The best times to contract Sustain & Enable Ltd to assess your home are:

- For peace of mind when elderly, children, overseas visitors, homestay students, or other vulnerable people may be coming to stay
- Before selling, buying, or renting a house to allow you to understand what could be done to make the home healthier and how much it should be marketed for.
- Before any changes are submitted for a Resource/ Building Consent application. The earlier we get involved in a project, the better the outcomes possible, and fewer changes needed, saving you money and time.

A multi-disciplinary team delivering professional and sustainability consulting services to households, businesses, schools, real estate agents, investors, property managers, builders and developers since 2008.

Healthier Homes





What's Involved

- Our visit with you usually takes between 1-2 hours.
- Learn how to keep your home warmer and drier; to look after your family and your home.
- We take moisture and temperature readings and measurements in the ceiling, every room, sub-floor, and outside to give you peace of mind.
- We provide an impartial, itemised, comprehensive report and follow up to help you take the next steps that are important to you.
- We can help you future-proof the home regarding future requirements when selling.

What we check

- Insulation.
- Ventilation.
- Heating.
- Health and Safety.
- Smoke alarms.
- Compliance with Residential Tenancies Amendment Act, Healthy Homes Guarantee Standards and related legislation.

Your Investment

Basic	\$350 +GST
Standard	\$550 +GST
Premium	\$1,200 +GST

NZ is the third wettest country in the world and we have a very poor health record. Our climate is damp and cold enough to create a perfect environment for mould to grow and many illnesses to spread.

Research by the University of Otago and others has proven that NZ homes are directly linked to 1600 excess winter deaths and high rates of Asthma, Respiratory Illness and Rheumatic Fever as well as illnesses that are not usually common in developed or OECD countries.

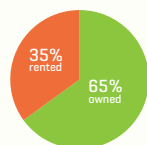
Every 5 years, the BRANZ House Condition Survey continues to prove that New Zealand homes are unhealthy, and Sustain & Enable is here to help you identify if your home is unhealthy and to provide you with impartial advice to help you make it healthier.



5TH HOUSE CONDITION SURVEY

This survey has been conducted every 5 years since 1994

560
NZ HOUSES
assessed from September 2015
to June 2016



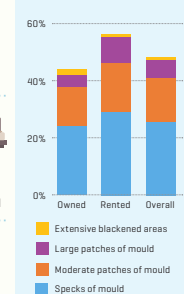
HEATING HABITS
46% of households did not heat bedrooms in winter
51% of children's bedrooms were not heated in winter

MOULD was visible in 49% of all houses

44% owned < 56% rented
Mould was most commonly found in bathrooms.

mould in bedrooms almost 30% of rentals > 18% owner-occupied

Managing mould
Mould was more commonly observed in houses lacking effective heating, ventilation and insulation



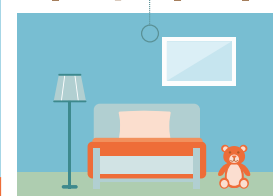
VENTILATION
Only around HALF had an extractor fan in the bathroom venting to outside
Only around HALF had an extractor fan in the kitchen extracting to outside

HOUSE MAINTENANCE
Owned vs rented property



INSULATION

53% could benefit from retrofitted insulation in the roof space and/or subfloor
47% had less than 120mm or insufficient coverage of insulation in the roof space
19% had insufficient coverage of insulation in the subfloor



HEATING APPLIANCES

Heat pumps
40% of owner-occupied houses > 25% of rentals
Wood burners
39% of owner-occupied houses > 23% of rentals
Electric heaters
25% of owner-occupied houses < 33% of rentals
Portable unflued gas heaters
4% of owner-occupied houses < 15% of rentals